



Assistant Psychologist

Job Pack





Assistant Psychologist – Eating Disorders

TITLE: Assistant Clinical Psychologist

LOCATION: Manchester

HOURS: Full time

ACCOUNTABLE TO: Clinical / Counselling Psychologist

The Bridge is part of the Tx Group, a growing private therapy company, providing a variety of health and education therapy services in the North West of England.

The Bridge is a privately run outpatient service offering immediate specialist support to children and adults who may be experiencing eating disorders or concerns surrounding eating behaviours. We identify/recognise that there are limited options available for families seeking access to outpatient services and existing facilities often have large waiting lists and strict inclusion criteria. Our team provide a supportive outpatient service for those who are seeking immediate treatment and adopt a multidisciplinary team approach to help achieve effective long-term results for children and their families in overcoming food related problems.

The Bridge works with a multidisciplinary team including mental health nurses, specialist dietitians, psychologists and medics. Our company philosophy is patient-centred and holistic. We are committed to providing the highest standard of care to everyone we treat, helping children and parents make real progress in a professional, caring, safe and supportive environment.

The Assistant Psychologist will join the team and work in the centre of Manchester, to help with the development of our eating disorder services. Their clinical work will be supervised by the lead psychologist.

Apply now

To apply for this position please send your CV along with any covering information to careers@thebridgeservice.co.uk



We provide children and adults with immediate access to a multidisciplinary specialist eating disorder service.

Job summary

Main Responsibilities:

- To assist with the setting up of the eating disorder service.
- To carry out research for the company including:
 - Researching the evidence base behind a range of psychological interventions for children and adults
 - Researching good practice guidelines for establishing an outpatient eating disorder service
- To produce website content.
- To increase exposure to identified target markets.
- Be involved in marketing and promotion of the service.
- Help raise awareness of the service to other healthcare professionals.
- To take calls and answer queries about the service.
- Deal with enquiries from prospective service users and families.
- To book appointments.
- Assist psychologists in providing 1:1 and group interventions where appropriate.
- Liaise with an MDT of professionals involved with the eating disorder service including Clinical Psychologists, Family Therapists, Specialist Dietitians, Mental Health Nurses, Psychiatrists and Gastroenterologists.
- To potentially provide a Personal Assistant role for children / adults with eating disorders and assist with management / implementation of aspects of an individual's care plan.
- To feed back any relevant client information to the MDT to ensure that holistic needs of children and adults are met.



Our vision is to improve the health of children and adults by providing them with immediate access to an evidence-based multidisciplinary eating disorder service.

The ideal candidate

General Responsibilities:

- To manage all tasks effectively and efficiently.
- Set high standards of self and others, assume responsibility and accountability for completion of tasks on behalf of the team.
- Monitor and update diary and bookings system where necessary.
- Update clinical notes following each appointment.
- Actively participate in selected quality management activities.
- Assist with the coordination of everyday services.
- To demonstrate effective time management and organisational skills during management of own workload and to be able to adapt to an unpredictable work pattern on a daily basis.

Team Member Responsibilities:

- Run an efficient and high quality service.
- Collaborate to deliver an excellent customer journey and experience.
- Participate as part of a happy and motivated dynamic team.
- Provide the best experience in the best environments.

Teaching, Training and Professional Development Responsibilities:

- Participate in the appraisal system as appraisee, and be responsible for fulfilling agreed objectives and personal development plan.
- Recognise own development needs and identify in conjunction with how these can be met.
- Participate in the teaching and training of team members.

This job description is not meant to be exhaustive and reflects only the current and anticipated responsibilities of the post. The successful applicant will be expected to work flexibly in order to meet the overall needs of the position.

Why us?

At The Bridge we believe that looking after our employees and providing them with an enjoyable working environment is an important aspect to a successful organisation. If you are successful in this application process, you will be able to enjoy:

- Working for an innovative company that puts its clients' needs first
- Being part of a supportive team
- Immediate access to multidisciplinary team support
- Regular staff events
- Working for a flexible employer
- Recognition

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Our therapy is evidence-based and focused
on the needs of our patients.

Contact us

We would love to hear from you! Please feel free to get in touch.

0161 820 8010

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